



WISDOM FOR THE JOURNEY

“A wise man will hear and increase in learning, and a man of understanding will acquire wise counsel.”

– **Proverbs 1:5**

Men have always needed wisdom. We need help to make decisions about work; all relationships – in speech and conduct; who to trust - or avoid; along with being measured by the plumb line of true character. Wisdom from Proverbs offers insight into the concrete experiences of human life that help us take charge of our lives.

Proverbs is about **how to** live out your faith in God. There is no true wisdom apart from Jesus. Fools are those who rely on their own knowledge to navigate life.

In this study, we will look and listen to hear God’s voice and see his Son shining through the book of Proverbs. We will be equipped in every way for our journey! So, let’s dig in!

Highland Colony Men’s Roundtable

www.MensTable.com

WISDOM FOR THE JOURNEY: Knowing the Heart-Desire or Dread?

A man needs wisdom for his journey. We can find that wisdom in Proverbs as we are pointed to Jesus.

Mar 28, 2024

Scripture: Proverbs 10:24; Proverbs 11:6; Proverbs 19:2; Proverbs 13:19; Proverbs 23:17-18

Music: Jelly Roll - Sober - <https://www.youtube.com/watch?v=O2QMfkQxPHY>

Video:

Resources - *GOD’S WISDOM for NAVIGATING LIFE* by Timothy Keller

PROVERBS FOR YOU by Kathleen Nielson

TRAPPED BY DESIRE - Proverbs 10:24; 11:6; 19:2.

1. _____ – **Proverbs 10:24** → The “heart” is not mere feeling but rather the seat of our deepest trusts and loves. Today, our culture invites us to identify our strongest feelings as the “true self” and insists we express them.
2. _____ – **Proverbs 11:6** → Wisdom recognizes that our desires can trap us. The can also be influenced from outside. For example, wounds from our Fathers, can train us to so desire approval and love that we seek out unhealthy relationships or become workaholics.
3. _____ – **Proverbs 19:2** → Wise men do not simply accept their desires as they are, nor with hasty feet run to fulfill them. Rather, as Augustine counseled, they reorder their desires with the knowledge of the truth. Only if we cultivate our relationship with God and grow the desire for him will our other desires not entrap us.

ORDERING DESIRE – Proverbs 13:19; 23:17-18.

1. _____ – **Proverbs 13:19** → Your heart has an appetite. We are drawn to good things that are satisfying, but nothing besides God himself should be a nonnegotiable necessity for life. Every other enjoyment comes with the danger that we make it such. “To set your heart on any good thing is to weaken the power to assess it. It must be had, at all costs, not now because of its worth but because you have promised it to yourself.
2. _____ – **Proverbs 23:17-18** → How can we desire God above all other things? We need BOTH our actions and our thinking to be anchored in God. Use the mind to think--what are the only things that finally last? (*There is a future hope.*) Set the heart on God in prayer and worship until you don’t just believe but experience awe and wonder (*be zealous ... fear*) before him. And set the will on obedience. Don’t envy (*or imitate*) sinners.

ACTION: JOURNAL THIS!

1. What are your greatest desires--what do you want?
2. What loves or desires do you have that rob you of the life that God designed for you—that push God out of the top spot?
3. What do you do to deepen your relationship with God? Do you long for things more than you long for God?



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SCRIPTURE

Proverbs 10:24 - 24 The nightmares of the wicked come true; what the good people desire, they get.

Proverbs 11:6 - 6 Good character is the best insurance; crooks get trapped in their sinful lust.

Proverbs 19:2 - 2 Ignorant zeal is worthless; haste makes waste.

Proverbs 13:19 - 19 Souls who follow their hearts thrive; fools bent on evil despise matters of soul.

Proverbs 23:17-18 - 17 Don't for a minute envy careless rebels; soak yourself in the Fear-of-God - **18** That's where your future lies. Then you won't be left with an armload of nothing.

"Sober" By Jelly Roll

I woke up this morning a little hungover
It hits different since I got older
Still got this old chip on my shoulder
The stubborn side of me will never get sober

Try to numb my pain but the _____ never works
I run from shame I'll do anything to heal the hurt

I _____ again
Hide behind my sins
I've found everything but closure
Learn to swallow pride
Behind these hollow eyes
I don't see change getting closer
I'll never get sober

I deal with this pain don't ask me how
I just hide behind a mask of smiles
When I'm down and drunken bound I get as high as I can be
I don't like the person that's inside of me
Try to numb my pain but the bullshit never works
I run from shame I'll do anything to heal the hurt

I _____ again
Hide behind my sins
I've found everything but closure
Learn to swallow pride
Behind these hollow eyes
I don't see change getting closer
I need to get sober
I woke up this morning a little hungover

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