



WISDOM FOR THE JOURNEY
“A wise man will hear and increase in learning, and a man of understanding will acquire wise counsel.”
– Proverbs 1:5

Men have always needed wisdom. We need help to make decisions about work; all relationships – in speech and conduct; who to trust - or avoid; along with being measured by the plumb line of true character. Wisdom from Proverbs offers insight into the concrete experiences of human life that help us take charge of our lives. Proverbs is about **how to** live out your faith in God. There is no true wisdom apart from Jesus. Fools are those who rely on their own knowledge to navigate life. In this study, we will look and listen to hear God’s voice and see his Son shining through the book of Proverbs. We will be equipped in every way for our journey! So, let’s dig in!

Highland Colony Men’s Roundtable
www.MensTable.com

WISDOM FOR THE JOURNEY: Knowing the Heart-Understanding Your Heart!

A man needs wisdom for his journey. We can find that wisdom in Proverbs as we are pointed to Jesus.

Mar 21, 2024

Scripture: Proverbs 4:10-27; Proverbs 16:2; Proverbs 20:8,9; Proverbs 28:13; Proverbs 15:14; Proverbs 27:19; Proverbs 26:23-26; Proverbs 20:5
Music: U2- Yahweh (Official-Unofficial) Music Video – https://www.youtube.com/watch?v=r_1GxIO8UQs
Video: “I Am Patrick” docudrama brings Ireland’s patron saint to life - <https://www.youtube.com/watch?v=KLuEOLrva3g>
Resources - GOD’S WISDOM for NAVIGATING LIFE by Timothy Keller
PROVERBS FOR YOU by Kathleen Nielson

ACTIONS AND THE HEART! - Proverbs 4:10-27

1. _____ – **Proverbs 4:10-17** → Proverbs tells us that our actions shape our feelings. So if you don’t feel love for someone, don’t let that stop you. Do the actions of love, and often the feelings follow (Matthew 5:43-48). Push your heart to love!
2. _____ – **Proverbs 4:18, 19** → The more we follow the path of self, the more we live in denial until, when life breaks down, we do not know what makes us stumble. Self-deception is not the worst thing you can do, but it’s the means by which we do the very worst things. The sin that is most distorting your life right now is the one you can’t see. The Gospel so assures us of God’s love that we are finally capable of admitting the worst about ourselves.
3. _____ – **Proverbs 4:20-27** → The heart is the seat of your deepest trusts, commitments, and loves, form which everything ... flows. What the heart most loves and trusts, the mind finds reasonable, the emotions find desirable, and the will finds doable. The best way to guard your heart for wisdom is worship, in which the mouth, the mind, the imagination, and even the body are all oriented to God.

KNOW YOUR HEART!

1. _____ – **Proverbs 16:2** → If you are always sure of your sincerity and purity, you will make impulsive snap judgments. You will be too dismissive of some options and ideas and too doggedly committed to others. Follow the Gospel instead of your feelings.
2. _____ – **Proverbs 20:9** → No one can make themselves good. We need God’s GRACE!
3. _____ – **Proverbs 28:13** → If we try to cover up our sin, God will expose us. If we expose our sin, God will cover it with His *mercy*.
4. _____ – **Proverbs 15:14** → Fools can be said to be all mouth, always spouting foolishness. The wise, however, are all heart—and every new experience is a way for their hearts to become more discerning.

SEE THE HEART!

1. _____ – **Proverbs 27:19** → As water shows us our face, so one’s life reflects the heart. Introverts should get out more, and extroverts should spend more time in solitary thoughts.
2. _____ – **Proverbs 26:23-26** → In order to live wisely in our present culture of self-promotion, fake news, alternative facts, and the overthrow of reason, the ability to discern evil disguised as good could not be more important.
3. _____ – **Proverbs 20:5** → This tells us the wise are able to discern motives—both their own and those of others.

ACTION: JOURNAL THIS!

1. Who is a hard-to-love person in your life? What practical things could you do to begin to love them better?
2. What is a character flaw of yours that others can see but you can’t see about yourself?
3. Are there things you are seeing or doing or doing that may be moving your heart away from God?



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SCRIPTURE

Proverbs 4:10-27 - 10 Dear friend, take my advice; it will add years to your life.**11** I'm writing out clear directions to Wisdom Way, I'm drawing a map to Righteous Road.**12** I don't want you ending up in blind alleys, or wasting time making wrong turns.**13** Hold tight to good advice; don't relax your grip. Guard it well - your life is at stake!**14** Don't take Wicked Bypass; don't so much as set foot on that road.**15** Stay clear of it; give it a wide berth. Make a detour and be on your way.**16** Evil people are restless unless they're making trouble; They can't get a good night's sleep unless they've made life miserable for somebody.**17** Perversity is their food and drink, violence their drug of choice.**18** The ways of right-living people glow with light; the longer they live, the brighter they shine.**19** But the road of wrongdoing gets darker and darker - travelers can't see a thing; they fall flat on their faces. Learn It by Heart**20** Dear friend, listen well to my words; tune your ears to my voice.**21** Keep my message in plain view at all times. Concentrate! Learn it by heart!**22** Those who discover these words live, really live; body and soul, they're bursting with health.**23** Keep vigilant watch over your heart; that's where life starts.**24** Don't talk out of both sides of your mouth; avoid careless banter, white lies, and gossip.**25** Keep your eyes straight ahead; ignore all sideshow distractions.**26** Watch your step, and the road will stretch out smooth before you.**27** Look neither right nor left; leave evil in the dust.

Proverbs 16:2 - 2 Humans are satisfied with whatever looks good; God probes for what is good.

Proverbs 20:8,9 - 8 Leaders who know their business and care keep a sharp eye out for the shoddy and cheap,**9** For who among us can be trusted to be always diligent and honest?

Proverbs 28:13 - 13 You can't whitewash your sins and get by with it; you find mercy by admitting and leaving them.

Proverbs 15:14 - 14 An intelligent person is always eager to take in more truth; fools feed on fast-food fads and fancies.

Proverbs 27:19 - 19 Just as water mirrors your face, so your face mirrors your heart.

Proverbs 26:23-26 - 23 Smooth talk from an evil heart is like glaze on cracked pottery.**24** Your enemy shakes hands and greets you like an old friend, all the while conniving against you.**25** When he speaks warmly to you, don't believe him for a minute; he's just waiting for the chance to rip you off.**26** No matter how cunningly he conceals his malice, eventually his evil will be exposed in public.

Proverbs 20:5 - 5 Knowing what is right is like deep water in the heart; a wise person draws from the well within.

"Yahweh" By U2

<p>Take these shoes Click clacking down some dead end street Take these shoes And make them fit Take this shirt Polyester white trash made in nowhere Take this shirt And make it clean, clean Take this soul Stranded in some skin and bones Take this soul And make it sing Yahweh, Yahweh Always pain before a child is born Yahweh, Yahweh Still I'm waiting for the dawn Take these hands Teach them what to carry</p>	<p>Take these hands Don't make a fist, no Take this mouth So quick to criticize Take this mouth Give it a kiss Yahweh, Yahweh Always pain before a child is born Yahweh, Yahweh Still, I'm waiting for the dawn Still waiting for the dawn The sun is coming up The sun is coming up on the ocean This love is like a drop in the ocean This love is like a drop in the ocean</p>	<p>Oh Yahweh, Yahweh Always pain before a child is born Yahweh, tell me now Why the dark before the dawn? Oh, oh-oh, oh-oh, oh-oh, oh-oh oh Oh, oh-oh, oh-oh, oh-oh, oh-oh oh Take this city A city should be shining on a hill Take this city If it be your will What no man can own No man can take Take this heart Take this heart Take this heart And make it break</p>
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