



FREE TO BE A MAN

ACTION: Journal This!

1. What patterns in your life could the enemy leverage for destruction?
2. Where in your life have you paid an unnecessary price?
3. Where do you take your regrets?
4. Denial—usually in some form of rationalization—is the primary device that humans use to deal with their own wrongness. It was the first thing out of the mouths of Adam and Eve after they sinned, and it continues up to the latest edition of the newspaper. The prophetic witness from God must throw itself against the massive weight of group and individual denial, often institutionalized and subtly built into our customary ways of speaking and interacting. - *Dallas Willard, Renovation of the Heart*