



Restoration of our soul comes when we begin our relationship with God through His Son Jesus. Restoration of our heart and mind continues because of this secure attached relationship. So much Christian teaching tends to focus on right beliefs and right choices as the key to personal growth but biblical evidence and modern brain science show that our *character is shaped more by whom we love than what we believe*. The Book of Isaiah will help us see how the promise of salvation would come through the Messiah. But in addition to bringing pardon for sin, intimate relationship with Jesus renovates us wholly—mind, will, and emotion. This study is about showing how we can train our brains to relate to God based on a joyful, mutual connection with Jesus which will lead to emotional, relational, and spiritual maturity.

The Power of Relationship to Restore & Renovate Us

“You’ll use the old rubble of past lives to build anew, rebuild the foundations from out of your past. You’ll be known as those who can fix anything, restore old ruins, rebuild and renovate, make the community livable again.” – Isaiah 58:12 – The Message

Highland Colony Men’s Roundtable
www.MensTable.com

TREASURE IN SUFFERING & TELLING YOUR STORY IN A SAFE PLACE

A Man understands that our brains are wired to relate to God based on a joyful, mutual connection with Jesus which will lead to emotional, relational, and spiritual maturity.

March 10, 2022

<p>Bible Verses: Isaiah 7:1-25</p> <p>Music: "Though You Slay Me" - Shane and Shane https://www.youtube.com/watch?v=pEkeTylM5K0</p> <p>Video: Overview: Isaiah 1-39 https://www.youtube.com/watch?v=d0A6Uchb1F8</p>	<p>Resources: Renovated – God, Dallas Willard & the Church That Transforms by Jim Wilder</p> <p>Video: 19 SKILLS http://thrivetraining.org/Articles/19thriveskills.pdf</p> <p>Overview: Isaiah 40-66 https://www.youtube.com/watch?v=TzdEPuqgQg</p> <p>Forgiving a War Criminal https://www.youtube.com/watch?v=sTTAcy0Skjw</p>
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ISAIAH: THE MASTERPIECE OF THE OLD TESTAMENT

- _____ → King Ahaz was utterly bad. He was an open idolater. For this sin God allowed Rezin, king of Syria, and Pekah, king of Israel, to invade Judah. Isaiah had been silent under Jotham but this invasion brings him to the front in his ministry (Isaiah 7:3).
- _____ → God sent the prophet to encourage Ahaz. Isaiah saw an end to all of Judah’s troubles through the birth of the Christ child who shall rule over the kingdom of David in righteousness forever and forever. He gave Ahaz a “sign” that Judah was not to perish—the prophecy of Immanuel, the virgin’s Son, Jesus Christ (Isaiah 7:14). Ahaz refused the evidence upon which his faith might have been established. He pursued his own plans with Assyria, and that nation on which they now leaned was to become the means of their punishment (Isaiah 7:17-20). God’s sentence of doom upon King Ahaz and the land is doom (Isaiah 8:6-22).

RESTORED: THE PIECES OF THE TRANSFORMAITON PUZZLE

- Brain Skills** → Learning relational-brain skills with other people. There are 19 skills defined.
 - Share Joy.
 - Soothe Myself – Simple Quiet.
 - Form Bonds of 2 – Synchronize Attachments.
 - Create Appreciation.
 - Form Family Bonds – Bonds for 3.
 - Identify Heart Values from Suffering – The Main Pain and Characteristics of Hearts.
 - Tell Synchronized Stories – 4+ Storytelling.
 - Identify Maturity Levels.
 - Take a Breather – Timing When to Disengage.
- RESTORED: THE PIECES OF THE TRANSFORMAITON PUZZLE**
- Brain Skills** → Learning relational-brain skills with other people. There are 19 skills defined. (CONTINUED)
 - Tell Nonverbal Skills.
 - Return to Joy from the Big 6 Feelings.
 - Act Like Myself in the Big 6 Feelings.
 - See What God Sees – Heartsight.
 - Stop the Sark.
 - Quiet Interactively.
 - Recognize High & Low Energy Response Styles – Sympathetic and Parasympathetic.
 - Identify Attachment Styles.
 - Intervene Where the Brain is Stuck – 5 Distinctive Levels of Brain Disharmony and Pain.
 - Recover from Complex Emotions – Handle Combinations of the Big 6 Emotions.
- RESTORED: THE PIECES OF THE TRANSFORMAITON PUZZLE**
- Intimate Walk with God** → Developing and fostering an intimate, interactive walk with God.
- Community** → Being a part of a multi-generational community. Not in age but in the level of maturity.

“In Spiritual formation we are aiming at a character and life that is so shaped that the deeds of Christ routinely and easily come from what is inside.” - Dallas Willard

RESTORED: THE PIECES OF THE TRANSFORMAITON PUZZLE

- _____ → Every man has issues that particularly hurt or bother him and always have been the way he is likely to get hurt. Looking at these lifelong issues helps identify the core values for each person’s unique identity. We hurt more the more deeply we care. Because of how much pain our deepest values have caused, most people see these characteristics as liabilities not treasures.
- _____ → When our brain is well trained, our capacity is high and we are not triggered by the past, our whole brain works together. A simple test as well as a means to train the brain is telling stories in a way that requires all the brain to work together. When

emotional and spiritual blockage is resolved our whole brain works. Be telling stories in safe community we train our brains to handle specific aspects of life and relationships.

ACTION: Journal This

1. How have you found treasure in suffering?
2. When did you tell your story of failure, shame, and brokenness in a safe community? What was that like?
3. How do you experience "God WITH YOU?"

"Though You Slay Me" by Shane & Shane

<p>I come, God, I come Return to the Lord The one who's broken The one who's torn me apart You struck down to bind me up You say You do it all in love That I might know You in Your suffering Though You slay me Yet I will praise You Though You take from me I will bless Your name Though You ruin me Still I will worship Sing a song to the one who's all I need</p>	<p>My heart and flesh may fail The earth below give way But with my eyes, with my eyes I'll see the Lord Lifted high on that day Behold, the Lamb that was slain And I'll know every tear was worth it all Though You slay me Yet I will praise You Though You take from me I will bless Your name Though You ruin me Still I will worship Sing a song to the one who's all I need</p>	<p>Though tonight I'm crying out Let this cup pass from me now You're still all that I need You're enough for me You're enough for me Though You slay me Yet I will praise You Though You take from me I will bless Your name Though You ruin me Still I will worship Sing a song to the one who's all I need Sing a song to the one who's all I need</p>
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Bible Verses – The Message

<p>Isaiah 7:1-25 - 1 During the time that Ahaz son of Jothan, son of Uzziah, was king of Judah, King Rezin of Aram and King Pekah son of Remaliah of Israel attacked Jerusalem, but the attack sputtered out. 2 When the Davidic government learned that Aram had joined forces with Ephraim (that is, Israel), Ahaz and his people were badly shaken. They shook like trees in the wind. 3 Then God told Isaiah, "Go and meet Ahaz. Take your son Shear-jashub (A-Remnant-Will-Return) with you. Meet him south of the city at the end of the aqueduct where it empties into the upper pool on the road to the public laundry. 4 Tell him, Listen, calm down. Don't be afraid. And don't panic over these two burnt-out cases, Rezin of Aram and the son of Remaliah. They talk big but there's nothing to them. 5 Aram, along with Ephraim's son of Remaliah, have plotted to do you harm. They've conspired against you, saying, 6 'Let's go to war against Judah, dismember it, take it for ourselves, and set the son of Tabeel up as a puppet king over it.' 7 But God, the Master, says, "It won't happen. Nothing will come of it 8 Because the capital of Aram is Damascus and the king of Damascus is a mere man, Rezin. As for Ephraim, in sixty-five years it will be rubble, nothing left of it. 9 The capital of Ephraim is Samaria, and the king of Samaria is the mere son of Remaliah. If you don't 22 At least they'll have plenty of milk! Whoever's left in the land will learn to make do with the simplest foods - curds, say, and honey. 23 But that's not the end of it. This country that used to be covered with fine vineyards - thousands of them, worth millions! - will revert to a weed patch. 24 Weeds and thorn bushes everywhere! Good for nothing except, perhaps, hunting rabbits. 25 Cattle and sheep will forage as best they can in the fields of weeds - but there won't be a trace of all those fertile and well-tended gardens and fields.</p>	<p>take your stand in faith, you won't have a leg to stand on." 10 God spoke again to Ahaz. This time he said, 11 "Ask for a sign from your God. Ask anything. Be extravagant. Ask for the moon!" 12 But Ahaz said, "I'd never do that. I'd never make demands like that on God!" 13 So Isaiah told him, "Then listen to this, government of David! It's bad enough that you make people tired with your pious, timid hypocrisies, but now you're making God tired. 14 So the Master is going to give you a sign anyway. Watch for this: A girl who is presently a virgin will get pregnant. She'll bear a son and name him Immanuel (God-With-Us). 15 By the time the child is twelve years old, able to make moral decisions, 16 the threat of war will be over. Relax, those two kings that have you so worried will be out of the picture. 17 But also be warned: God will bring on you and your people and your government a judgment worse than anything since the time the kingdom split, when Ephraim left Judah. The king of Assyria is coming!" 18 That's when God will whistle for the flies at the headwaters of Egypt's Nile, and whistle for the bees in the land of Assyria. 19 They'll come and infest every nook and cranny of this country. There'll be no getting away from them. 20 And that's when the Master will take the razor rented from across the Euphrates - the king of Assyria no less! - and shave the hair off your heads and genitals, leaving you shamed, exposed, and denuded. He'll shave off your beards while he's at it. 21 It will be a time when survivors will count themselves lucky to have a cow and a couple of sheep.</p>
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